

# PSYCHOLOGICAL TESTS AT ISSB (GUIDE)

the basic criteria for selection of a candidate are some profile qualities. if these qualities are there in a candidate then he will be recommended. if he/she lacks any quality then the candidate will not be recommended. in short we can say that ISSB is the test of these profile qualities. the qualities are as follows:

1. planning ability
2. courage
3. emotional stability
4. responsibility
5. integrity
6. determination
7. initiative
8. influencing ability
9. social relations
10. general awareness
11. practical ability
12. physical endurance
13. expression
14. self confidence

ISSB is not the test of any candidate's merit or qualification but it is a test judging and checking these profile qualities only.

The first day at ISSB is for the psychological tests. These tests are most important and carry the maximum weight for the selection of any candidate at ISSB. these tests include

- **sentence completion tests**
- **Word association tests**
- **Story completion tests**
- **picture story tests**
- **event ( for interview)**
- **merits de-merits (for interview)**
- **psychological interview (2nd day)**

each of these test is to be completed with full concentration and hard effort because the slightest of the mistake can cost the candidate his/her commission. these tests not only check the basic qualities of the candidate but also determine the mental state of a candidate. if this mentality is suitable for the candidate to be in army he/she is recommended otherwise not a chance. there can be no objection or appeal against a psychologist.

- ***SENTENCE COMPLETION TEST :***

These tests are taken in three steps, three sheets consisting of 26 incomplete sentences each to be solved in 6 mins each. two sheets of 26 sentences in urdu and one in english. there are certain points to be kept in mind while solving these sheets.

1. describe briefly what is to be written. to the point in some words.
2. activity should be there in the sentence. idea or quality should be discussed
3. sentence should be specific and to the point.
4. sentences should be positive
5. sentences should be realistic
6. sentences should be based on truth.
7. presentation should be there. (clear and visible hand writing)
8. avoid idioms
9. avoid spelling mistakes
10. do not use the words, not, do not, should not, would not, always, never, not, may not.
11. for urdu avoid these words: agr, magr, shayad, ho sakta hai, nahi, lekin, hamaisha, mat.
12. avoid to give advices,
13. do not give order.
14. avoid bookish language.
15. avoid 8th graded sentences.
16. do not cut any word after writing. if at any stage cutting is necessary cut with a single line do not make it over.
17. completion is necessary but do not leave a sentence in the middle.
18. start completion from the top . do not leave any sentence in the middle of the series.
19. improve writing speed and practice to keep your focus and concentration on the given task.
20. always follow the 14 profile qualities. these qualities are observed in all tests.

• ***WORD ASSOCIATION TEST (WAT):***

in word association test there are 100 words displayed one by one ,infront of the candidates after, 10 seconds each. these all words are in english and the sheet is without lines on which these are to be completed. candidates have to make sentence of each word within the 10 sec time in english only. the points to be followed for this test are:

1. be brief
2. be specific
3. be clear
4. activity should be there of idea or quality
5. positivity
6. avoid criminal thinking
7. sentences should be true
8. sentences should be realistic
9. do not cut any sentence if there is a need to cut cut with a single line only
10. presentation should be there, good hand writing and symmetry to be followed. as the pages are without lines therefore be carefull. observe straight lines
11. no popular sentences should be written

12. no 8th grade level sentences
13. follow the series
14. writing speed is very important
15. avoid idioms
16. avoid the usage of the words: not , may not, should not, should, would not, would , never, always, not, donot.
17. avoid to order or give advice to anyone
18. try to complete as many as possible .

***NOTE: WAT test shows a candidate's personality in a clear cut way so be cautious***

- ***STORY COMPLETION AND PICTURE STORY TEST:***

In both of these tests the basic theme remains the same . the points to be followed are the same. in story completion test three topics , one by one , are displayed in front of the candidates on which they have to write a story in 3.5 mins each. in picture stories three pictures are displayed in front of the candidates , one by one, on which they have to write stories in 3.5 mins each. all the tests are to be solved in ENGLISH.

rules for these tests are as follows

1. there should be a moral of the story.
2. the story should represent a good quality of the person.
3. there should be an idea or a quality discussed in the story
4. story to be written in past tense always.
5. the story to be written in systematic way.
6. achievements should be there
7. show positivity
8. successful ending
9. solution of problems to be given
10. avoid using childish language

- ***EVENT AND MERITS AND DE\_MERITS:***

before the tests of psychology or sometimes after these tests there is a bio data form given to the candidate which the candidate has to fill the form according to all the specifications about him/her. It is this form from which the final interview is taken from the candidate. This form is to be filled carefully and in the end of the form there is an event to be written . this event is to be written in the same manner as the story was written . remember this event is also checked by the psychologist so be cautious. this form also includes a candidate's merits and de-merits. these are to be 5 in no according to the candidate himself/herself. 5 good points and 5 bad points to be written in short. . this form also includes questions like Q) who is your favourite personality and why?Q) if you are not recommended what will you do?

the first question to be answered according to the candidate himself truly. and in second the future plan in case of not recommendation to be mentioned. remember the answer to this question

in the manner that i will try again means that a candidate himself/herself is not confident. in the first question write the personality of which you know everything about. like a candidate's father.

- ***psychological interview:***

this is a short interview just to be given in order to give the psychologist a better view that who has written the sentences under which state of mind. the psychologist will ask simple questions related to a candidate's own personality. be careful not to deny what a candidate has already written in a written test.

### ***KEY OF SUCCESS IN ISSB***

a candidate can be successful if he/she follows these simple instructions in an interview and complete ISSB

1. be normal
2. be natural during all tests
3. physical appearance is most important during all tests.
4. a candidate should be alert at all times
5. a candidate should have motivation
6. be natural in appearance, intelligence and actions
7. devotion, hardworking, punctuality and regularity are the basic and fundamental traits to be followed.
8. avoid contradiction in your views at any cost between biodata your acts and views
9. simplicity is mother of success.